

March 21-22, 2020

The Washington Kayak Club presents

SPRING FLING: Cedar River Slalom and Downriver Races

Location: where the Issaquah-Hobart road crosses the Cedar River at Landsburg, in Ravensdale - near Maple Valley, WA

Course: class II+ Slalom Race cancelled ONLY if flows over 1500 cfs. CANNOT be too low for slalom***

Classes: by gender, age, and type of boat (both plastic and raceboat classes)

Cost: \$20.00 for the weekend (\$15.00 for Saturday only --even if you don't race on Sunday)

Prizes: Collector items ---Worth staying for!

SATURDAY SCHEDULE

10:00 to 11:30 Beginner slalom race CLINIC – sign-up on WKC website

1pm to 6pm (approx.) - Registration (even if you don't plan to race – sign the waiver! Paddling on the course is a WKC Trip) **Please register and sign waiver before getting on water.** THANK YOU.

All Day – course open for slalom practice .

*** Downriver race for Wildwater boats **only IF** flow is over 750 cfs***

<https://www.americanwhitewater.org/content/River/detail/id/2078/>

SUNDAY SCHEDULE -

9:30 AM - Mandatory Racer's Meeting

10:30 – 12:00 Morning runs

1:00 - 2:30 Afternoon runs

3:30 (approx.) - Awards Ceremony

Questions? contact Jennie at theleague@nwwhitewater.org

Statement from Washington Kayak Club for all WKC trips: As you think about how and whether to participate in any activity, please consider the idea of "universal precautions."

"Universal precautions" is the idea that we assume that everyone is infected, even ourselves.

We do this for HIV. It worked. We don't think much about it now. We need to think about Covid-19 the same way right now. **Please consider what you would do if you knew that everyone on your trip has coronavirus, including you.**

This is a disease that is very contagious before we look or feel sick. There is a real risk that social contact, unfortunately including kayaking, may endanger the health and maybe even lives of yourself, the elderly, and at-risk family members and friends, even if we are not experiencing any symptoms now.